I Was Never Broken: Volume 2 By Sara Sheehan I would recommend getting this book as a gift for any teenager but even I as an adult related so much to it [] Paperback Couldn't put this book down i read it in q few days Paperback I really wanted to like this book... but sadly I didn't but it would be better for younger people maybe... just not for me... Paperback Due to work it took me 2 days to read the whole book if not I would have been done in one day. There were a couple different moments were I said to my self "omg this is exactly what he made me feel like": (Pages 21 & 121) ate probably my favorite pages! I'm 23 but 16yr old me was heart broken and This book touched everything I felt at a point in my life: I wish guys would read her books to understand the pain they've caused, I felt so connected to the writer as I felt her pain.

My open journal on how I found growth through heart break burdens and self love, This is volume two which takes you down the heartache first until you reach the healing: I Was Never Broken: Volume 2When I read the novel I think about how much I need to practice reflecting of the deepest parts of myself, Regardless if you're coming from a good state of emotional well being/ mental health or from your negative flaws & experience, Which is why is it so important to find great writers like MoonSoulChild an excellent resource for many individuals to cope. I highly recommend for anyone to read this work of art project: Super empowering & beautifully powerful!  $\square$  Paperback Wow I can't say enough how much these words spoke to me. Sara's bravery to share her raw emotion helped me navigate through mine, I couldn't put it down once I began reading it! Sara's words truly touched my heart and connected with me on so many different levels: A must read just wow! Paperback This book was exactly what I needed. Sara's words spoke to me in a way that caused me to face truths I had been avoiding: With each page that I read I felt inspired and empowered to continue on a journey of self love: Sara shares her experience of love grief and most of all healing, This book will encourage you to keep going to keep working on loving yourself and trusting the process as you discover your own value. Then this book with all the words I couldn't find all the emotions I was facing in all the stories. It was like the author was speaking for me on some of the pages, I was able to see the light finally and see hope that things will be better, I know that I will need to be strong and face everything with positivity and give my all to accomplish all my goals even if I have to do them all alone, Dear author thank you for sharing your journey and showing us light after all the darkness and pain, Paperback I wanted to write this review sooner! Unfortunately I had to take a trip to Mexico that left me without internet for a couple days: Overall it took me about 3 days to read the whole book on my trip, But throughout my reading I was able to connect with Sara's writing in different levels/ many emotions were felt, I felt her pain sadness at the beginning & strength sadness, There was moments I cried reading a certain page as I felt so identified to what it was saying. Thank you for sharing a piece of your heart and life with the rest of us!!!♥♥♥ Paperback



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Wisdom through reading it. Heartbreaks suck but we learn so much from them. The book really made me feel so many different emotions. The complete story even though I'm forever evolving. Truths I was in denial about for far too long. Paperback This book was like a message from the universe. I needed to read this book. It came at the right time. I can't tell how powerful this book is.

I was going through hell and didn't see a way out. But I was able to read this while on the plane. I feel as is this book was made for me. As if I was reading my own thoughts. Sara Sheehan amazing job once again. I am so glad I came across your books. I just want to read all of them