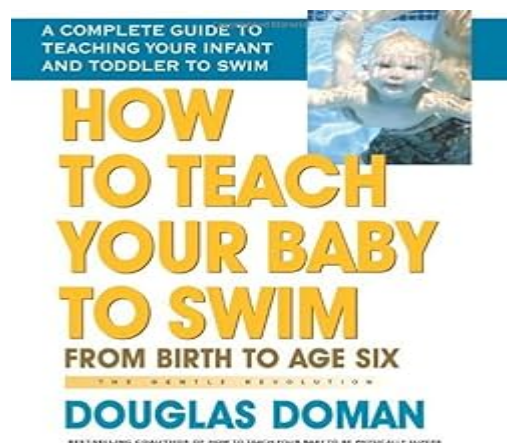


How to Teach Your Baby to Swim: From Birth to Age Six the Gentle Revolution By Douglas Doman  
How to Teach Your Baby to Swim: From Birth to Age Six the Gentle Revolution Wasn't able to use religiously but followed as much as we could and both kids were fully submerging themselves and holding their breath on their own way before a year. The activities however are aimed at each particular age so of course you can start your toddler with the activities meant for newborns but that will be complicated because it's a different developmental stage. My experience is unless you can start with a newborn.



Teaching an infant or toddler to swim is not only a matter of safety but also a great way to stimulate physical coordination concentration and intelligence all the while making your child happier healthier and self confident. Based on the revolutionary learning principles developed at The Institutes for the Achievement of Human Potential How To Teach Your Baby To Swim pairs 160 photographs with detailed instructions for teaching your child to dive float it's complicated to follow the method. Also the method is based on forced (although gentle) submersions (counting 123 and pulling the baby underwater) which are introduced almost at the beginning (5th exercise with newborns in the bathtub and 3rd exercise in the pool at 6 months) Douglas Doman.

: They continue to love the water and we hope to carry the lessons on to move into fully swimming asap, Douglas Doman Für eine Mutter mit 2 Kindern würde ich dieses Buch nicht mehr empfehlen: Sonst ist alles genau erklärt und wäre einfach nach zu machen: Aber man braucht meiner Meinung nach sehr viel Zeit um alles umsetzen zu können: Douglas Doman In good condition Douglas Doman great read and useful book. Douglas Doman This book is meant for parents who want to start with their newborn baby: There are different chapters for different ages but it assumes that the child already masters the previous chapters[1]

And swim. Es ist sehr zeitintensiv. perfect bonding method too.I actually had this problem also with other doman books.I also didn't like that the pictures were black and white. I wasn't expecting that