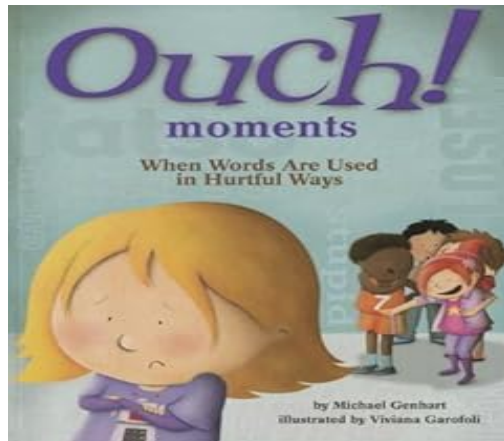


Ouch! Moments: When Words Are Used in Hurtful Ways By Michael Genhart Microaggressions or ouch moments as they are referred to in the story are brief exchanges where an indignity insult or slight is expressed--whether intentionally or not--from one person to another. For instance when children use words like lame or gay to mean that something is bad weird or different they communicate a message that having a disability or being part of LGBT community is equal to being bad weird or different. Ouch Moments: When Words Are Used in Hurtful Ways explains these ouch moments in kid-friendly terms offers practical strategies for what kids can do to help and empowers kids to stand up to mean and hurtful language. Concrete examples of what children say when they are being microaggressive - "he's so gay" "reading is for nerds" "he throws like a girl" and concrete kid-manageable suggestions for what to do in response. At the end of the book there is a helpful essay by Kevin Nadal a psychology and professor with more detailed information about what microaggressions are and what we can do if our child is the target or if our child is the enactor. Key points include: Silence equals approval of the meanness Responding in anger makes things worse Seek out helping adults Avoid replaying mean self-talk in your mind Work together to be kind and resist ouch moments Justifying meanness as funny does NOT erase the hurt Ouch Moments is published by Magination Press ABC Adoption & Me: A Multicultural Picture Book Childrens This publication from Magination Press promotes kindness and compassion over bullying and addresses how to deal with hurtful words in a variety of situations. Childrens A book for children about microaggressions?! Yes please! We have to start teaching young children that small instances of hurtfulness add up and that they should do the right thing and stand up for themselves and others whenever possible, The multicultural illustrations are engaging and feature diverse circumstances, This would be an excellent read for the entire family; sometimes even adults need to be reminded of the important lessons Ouch Moments strives to teach: This book includes an informative and practical Note to Parents and Caregivers, Adoption-attuned Lens: This book offers a fun way to Ouch Moments can very easily lead to conversations about the adoption-related ouch moments a child has faced: Many children find it difficult to introduce this topic because they want to protect their adoptive parents from this ugliness and hurt: Other kids stuff these experiences but never learn how to handle them and never get the support which parents would willingly offer: Parents must consistently convey a willingness to discuss any difficult topic-whether adoption-related or not: We must reassure our kids that we are strong enough to hear the tough things and eager to be the safe harbor they need. Swift.

When a bee stings Ouch! That hurts! When your finger gets caught in a closing door that hurts a lot: When other kids say something mean or hurtful it is hard to know what to do. Children likely are not trying to be hurtful; they may just be repeating words that they have heard in the past and may not realize the discriminatory connotations, Young people have a wonderful capacity to care about each other. However they need guidance mentoring and modeling from adults to understand the impact of their words and behaviors, Nadal PhD provides more information about microaggressions and strategies for talking to children about hurtful language discrimination and bias: Ouch! Moments: When Words Are Used in Hurtful Ways A book about micro-aggressions. It could be a helpful teaching tool and classroom conversation starter. The author targets "microaggressions"—defined in the author's note as "brief exchanges where an indignity insult or slight is expressed. The content is clear to the point with a kind (not patronizing) voice: More importantly the author addresses the idea that it's hard to stand up to microaggressions and that "doing the right thing takes courage and it takes practice: " This would make a great read aloud as well as an opportunity for young students to turn and talk in small groups. This might be used at the beginning of the school year to launch problem-solving discussions etc, This book shows students how others are hurt by mean words and what a child can do if s/he is the target of bullying, I think the helpfulness of this book will depend upon the extent of the bullying and the age of the kids involved, Childrens A picture book showing the impact of hurtful comments and strategies for kids and parents on how to deal with these painful moments: Some insight into why kids say mean things to each other and ways to respond, Childrens

Sometimes kids use hurtful words to put down another child, They can be said by a child when they are trying to be funny “oink goes the pig” or “he throws like a girl: ” They can be used by kids to have power over other kids to make them feel small: Ouch moments happen quickly and other kids don’t know what to do: When these moments occur the perpetrator the victim and the bystanders need help. Readers will be encouraged to be caring and take a stand, Michael Genhart introduces readers to “ouch moments” that are usually directed towards a child that is different, His thoughtful book will help parents teachers and children recognize mean ugly and hurtful words, Children will learn strategies that will empower them to stand up to insults and hurtful language. This is a book that all children can identify with because they have been on both sides as the perpetrator and receiver, Viviana Garofoli’s illustrations are colorful expressive and compliment the story: Childrens



Michael Genhart is an award winning author of several childrens books as well as a clinical psychologist: Michael Genhart is an award winning author of several children's books as well as a clinical psychologist: {site_link} Ouch Moments: When Words Are Used in Hurtful Ways by Michael Genhart illustrated by Viviana Garofoli tackles the topic of meanness in thought word action and inaction: Through very simple text the author shows readers how to identify ouch moments and how to respond whether one is the target or a bystander: Childrens This is great! Helpful for parents kids and teachers, Childrens I like the introduction of addressing how things like bee bites hurt and you respond with ouch[1]

An arm of the American Psychological Association. Their books stand on firm ground.--Gayle H. Hearing a mean or hurtful word hurts a lot too. A Note to Parents and Caregivers by Kevin L. There is backmatter with helpful information and resources. Childrens Not just any book about bullying.” Well written. Childrens Bullying can begin even in the earliest grades. Be brave be kind and be yourself. The language is simple hopeful and ideal for kids. The characters are believable. He lives with his family in Marin County California. He lives with his family in Marin County California. It transitions to how words can hurt.Backmatter includes notes for parents and caregivers. This would be good resource for school libraries. This book is such a great introduction! Childrens.