

The Surprising Power of a Good Dumpling By Wai Chim **Kindle The Surprising Power of a Good dumpling soup** Paperback quick thoughts:i adored this! the only thing holding me back from a higher rating was the fact that:a) the romance was between a 16yo girl in high school and a 20yo man who worked for her father's businessb) how frustratingly obvious this was written by an american author.

## The Surprising Power of a Good Dumpling booker

Read my full review on my blog The Quiet Pond! I don't remember the last time a book made me feel so vulnerable and raw. **The Surprising Power of a Good Dumpling kindle direct** Trigger/content warnings: portrayal of depression familial emotional abuse discussions of suicide ableism (challenged in text) and use of slurs 'cr\*zy' Paperback This review originally appeared on Happy Indulgence Books. **The Surprising Power of a Good Dumpling childrens hospital** From having strict traditional Chinese-Australian parents to the mental illness stigma and a sister having to take care of her siblings there's so much here that captures life for me and my siblings. **Book The Surprising Power of a Good dumpling recipe** I also loved all the descriptions of food dumplings and noodle soup in the novel and how it talks about "westernised" Asian food as well as "real" Asian food which is something that is so accepted by Asians living in the West but no one really talks about it! Although Anna has a lot on her plate helping out with her family and siblings it's amazing just how narrow-minded the education system can be. **EPub The Surprising Power of a Good dumpling I** loved the discussions about microaggressions that Asians can face in Australia like how everyone just pretends we're any sort of Asian and thinks we speak for the rest of the race. **Book The Surprising Power of a Good dumpling recipe** From the mental illness in the family to caring for your siblings and the Chinese-Australian experience growing up...I've never had a book that reflected my own experience so succinctly before. **Book The Surprising Power of a Good dumpling recipe** These responsibilities are juggled with school following their own interests/hobbies despite being set in Australia with an Aussie cast[] Trigger warnings for ableism (theme) racism & racial slurs classism physical emotional & verbal parental abuse depression delusions & hallucinations discussed (on-page) graphic attempted suicide recounted suicide & suicidal ideation discussed alcohol consumption pregnancy mentioned forced hospitalisation recounted forced psychiatric hospitalisation of a parent animal cruelty (on-page) and bullying. **Book The Surprising Power of a Good dumpling recipe** I felt that when she looked over at a certain group of people and at how they were all going to get super higher ATAR (Australia Tertiary Admission Rank) from those non Aussies out there it's the score that bases what uni's we get into and all had classical piano training but well that's actually sort of like me... Now I totally sympathise with Anna's position and truth be told there are lots of Asians in Australia and the West in general who are forced to take up a classical instrument like I was but the good thing is that I adore piano now so it's all good. **Book The Surprising Power of a Good dumpling recipe** I did find that the way that the author conveyed racism was superbly down often in small more subtle ways that the person saying it may not actually realise it is that racist at all. **The Surprising Power of a Good Dumpling bookkeeping** I'm often stereotyped for the sort of Asian that going to become a doctor or whatever since I get good grades in school yet often the 'Western' kids never get those sort of comments. **The Surprising Power of a Good Dumpling epublising** Now Anna feels the pressure of needing to be amazing at school and feels like that she isn't this perfect daughter which honestly in Chinese circles and cultures is so understandable and relatable. **The Surprising Power of a Good Dumpling ebooks** I found that perhaps I could relate to Anna more than a fair number of people since I suppose I really felt all the cultural stuff and that stuff really struck a lot closer to heart. **EBook The Surprising Power of a Good dumpling soup** I'm totally up there with Anna

though I don't know if I have as much pressure as her especially since she is nearing the ending of high school and that is quite a struggle for people. **EBook The Surprising Power of a Good dumpling sauce** The dialogue here was an interesting one since it was much more free than most books I have read which threw me off slightly though I got used to it pretty quickly and I think it felt much more natural coming out of a teenager's mouth. **Significance of dumplings in chinese culture** Hearing things like 'sooooo' and the such was really nice for a change instead of really formal sort of stuff since look teenagers aren't really mature people most of the time like at all. **Chinese dumplings an ultimate how-to guide** This did end up making the characters feel much more realistic and often at an important motion in the story when say they would open up about something it did end up being extremely raw. **Significance of dumplings in chinese culture** That was a really great part of the book that I also really liked since it did feel so raw real and open to me personally especially since I could already relate to many aspects of the books. **Book The Surprising Power of a Good dumpling sauce** This book also does happen to deal with some pretty traumatic issues that I really don't know much about but the author managed to also display it in a really upfront and I suppose realistic way to try and make the reader understand from all standpoints such as where Anna is coming from when trying to deal with her Mum. **Book The Surprising Power of a Good dumpling soup** I found the side characters to also be quite well realised people all with their own quirks and personalities which was really nice as often side characters can be left out and often can be underdeveloped which can be such a shame so luckily they were realised to their full potential here. **The Surprising Power of a Good Dumpling childrensalon** While I really liked Rory as a character he is 20 while Anna is only 16 at the start of the book which does make her a minor and I think because of the modern bounds and rules that I am used to it does happen to be a bit of a weird decision in my opinion as that is sort of not that legal? That being said I did like Rory as a character and the stuff he had to handle was presented really well by the author. **Chinese dumplings an ultimate how-to guide** Dad's new delivery boy Rory is a welcome distraction and even though she knows that things aren't right at home she's starting to feel like she could just be a normal teen. **EBook The Surprising Power of a Good dumpling soup** For a book that I randomly picked to fill in my Stan Asian Authors challenge what a surprise that I got an amazing one! The Surprising Power of A Good Dumpling was true to its name — it was indeed a delightful surprise. **EPub The Surprising Power of a Good dumpling** Not only that this book offered a realistic and genuine portrayal of how a mental illness can change the dynamic of a family how parental problems impact children and how mental health is something you have to work on for the rest of your life — just like any other disease. **The Surprising Power of a Good Dumpling booking** □ FINAL THOUGHTS & RECOMMENDATIONS □ Overall The Surprising Power of A Good Dumpling was a story that moved me by subtly educating me and giving the best feelings one can go through while being submerged in a beautiful story. **Childrens The Surprising Power of a Good dumpling sauce** □ THE CRITERIA □ □ Synopsis:□□□□□ Main Character:□□□□□ Significant Other: □□□□□ Support Characters:□□□□□ Writing Style:□□□□□ Character Development:□□□□□ Romance: □□□□□ Pacing: □□□□□ Ending: □□□□□ Unputdownability: □□□□□ Book Cover:□□□□□ □FINAL VERDICT: 4. **The Surprising Power of a Good Dumpling childrensalon** 73/5 □□ Blog ♥ Booktube ♥ Bookstagram ♥ Facebook ♥ Twitter □ Paperback Such a heartwarming eye-opening story about family mental illness the Chinese immigrant experience in Australia Cantonese culture and more. **Book The Surprising Power of a Good dumplings near** There's also a sweet romance and lots of delicious Chinese food that made me hungry :P Paperback The ARC of this book was provided by the publisher via Edelweiss in exchange for an honest review. **The Surprising Power of a Good Dumpling bookkeeping** The focus that was put on mental health was very much appreciated I found it realistic and believable especially as we see it from the perspective of a young girl who's struggling to understand and to cope with everything that's going on in her home life.

# Book The Surprising Power of a Good dumpling recipe

Building relationships and developing their own sense of identity: **The Surprising Power of a Good Dumpling book** This adds a further layer of complexity as her parents maintain that their Chinese values need to be upheld by the family, **Book The Surprising Power of a Good dumpling recipe** Anna was an endearing character and I really enjoyed her journey, **Book The Surprising Power of a Good dumpling recipe** This book made me confront a lot of personal feelings about a lot of things some of which were uncomfortable but I think that's why this book is so important and necessary, **The Surprising Power of a Good Dumpling ebook** The Surprising Power of a Good Dumpling is one of the most candid and honest portrayals of how mental illness intersects with Asian identity culture and values: **EPub The Surprising Power of a Good dumpling** Not only was this an effortless 5★ read but this is a new all-time favourite book: **The Surprising Power of a Good Dumpling childrens** Check it out for more reviews! Not only does it cover the mental illness and depression well but it's also balanced with equal parts warmth of hope and of love and acceptance: **EBook The Surprising Power of a Good dumpling sauce** I don't know how Wai Chim does it but The Surprising Power of a Good Dumpling captures so much of my life growing up. **Book The Surprising Power of a Good dumpling house** Often mental illness in Asian families is something to be shunned something that is swept under the rug and wasn't talked about. **The Surprising Power of a Good Dumpling kindle direct** Instead of talking about it openly and getting those affected the help that was needed it was something to be ashamed of: **The Surprising Power of a Good Dumpling booking** And all of that hurt all of that pain is something that is captured in Good Dumpling, **The Surprising Power of a Good Dumpling epub.pub** Not only is it covered empathetically but it's also done without blame. **Kindle The Surprising Power of a Good dumpling** I loved the moments in Anna Chiu's life where she finds love within her own family despite the hardships they go through: **The Surprising Power of a Good Dumpling childrensalon** She finds love out of being the "good daughter" of helping her father look after his restaurant of helping her mother look after her younger sister and brother. **The Surprising Power of a Good Dumpling ebook** And she does all of this without question because of her values of filial piety: **EPub The Surprising Power of a Good dumpling** I also loved the part where Anna Chiu helps out at her dad's restaurant which adds a fun element to a book that covers a lot of ground. **The Surprising Power of a Good Dumpling booklet** The parts with Ah Jeff and the rest of the staff were so much fun and showed how grounding a family business could be, **The Surprising Power of a Good Dumpling childrensalon** And that's highlighted by her guidance counsellor pushing her towards a more "worthwhile" career that looks good on the books and how her grades are everything: **EBook The Surprising Power of a Good dumpling soup** Anna doesn't want to share her life story with her guidance counsellor for fear of backlash and of being judged but I like how she speaks her mind about it. **The Surprising Power of a Good Dumpling ebook reader** It's often hard to balance stories about cultural attitudes and racism but Good Dumpling covers the Chinese-Australian experience so well, **Book The Surprising Power of a Good dumpling recipe** Something that often isn't talked about is the intrinsic racism that many of us have against other cultures too, **Book The Surprising Power of a Good dumpling recipe** It's not perfect but Good Dumpling covers it with such grace and honesty: **Book The Surprising Power of a Good dumpling recipe** Good Dumpling also covers an Asian dating someone who your parents didn't expect you to: someone who is anglo-saxon (and not another Chinese): **The Surprising Power of a Good Dumpling bookkeeping** I loved how empathetic Rory was and how his own experience with depression helped to open up Anna's empathy and understanding when it came to her mother's mental illness: **Significance of dumplings in chinese culture** How it's an ongoing condition and just because you "seem okay" at the time doesn't mean that you're completely cured. **Book The**

**Surprising Power of a Good dumpling recipe** Because in the end that's what this book is about - learning how to understand manage and help with mental illness so you can function again, **The Surprising Power of a Good Dumpling childrens hospital** I'm a complete blubbering mess after reading The Surprising Power of a Good Dumpling which moved me to tears upon finishing it. **Book The Surprising Power of a Good dumpling recipe** It's a book that is heartwarming meaningful and thoroughly important and I can't wait for everyone to read it. **Book The Surprising Power of a Good dumplings near** Trigger warnings: mental illness racism bullying animal cruelty I received a review copy in exchange for an honest review, **Book The Surprising Power of a Good dumpling sauce** Paperback #3 in the Goodreads NZ Readathon CW: Suicidal thoughts mental health issues resulting in child neglect and institutionalisation (possibly bipolar) racial stereotyping animal cruelty, **Book The Surprising Power of a Good dumpling recipe** Warning: This book will bring on an intense desire to eat dumplings and other delicious Chinese food, **The Surprising Power of a Good Dumpling childrens bedroom** I loved the dynamics between the different family members and reading about the customary deferential treatment of parents in Chinese culture, **Book The Surprising Power of a Good dumpling recipe** As the mother started becoming more erratic I could feel my own anxiety rising as an inevitable breaking point drew closer, **Book The Surprising Power of a Good dumpling recipe** I thought the portrayal of the stigma around mental illness was good and having the Chinese cultural views carefully and respectfully added in brought another layer of depth, **The Surprising Power of a Good Dumpling epubublishing** The heart-breaking moments were balanced nicely with the warmth I felt at the loving moments between the siblings, **The Surprising Power of a Good Dumpling epub air** I think this is also quite an important book in terms of understanding the pressures faced by young people who have family responsibilities and obligations, **Book The Surprising Power of a Good dumpling recipe** ▷ Representation: Anna (mc) is Chinese-Australian; Rory (li) has depression; Chinese queer & neurodiverse scs: **The Surprising Power of a Good Dumpling epub reader** Blog • Trigger Warning Database • StoryGraph Paperback Ok so I feel sort of attacked ok just kidding I don't ok maybe I do: **The Surprising Power of a Good Dumpling kindle direct** I did find myself relating to Anna who is the main character in the book a fair bit being a Chinese-Aussie myself even though I'm from Melbourne and Anna is from Sydney. **EBook The Surprising Power of a Good dumplings near** For others I think it could be eye opening to the sort of pressure Asian-Australians or Asian-Americans kids may feel sometimes, **Book The Surprising Power of a Good dumpling recipe** Something that irked me slightly was the relationship between Anna and her love interest Rory. **The Surprising Power of a Good Dumpling epub** Overall I did really end up liking this book and I found it to be quite relatable and quite realistic, **Book The Surprising Power of a Good dumpling recipe** 9/10 Paperback Anna Chiu has her hands pretty full looking after her brother and sister and helping out at her dad's restaurant all while her mum stays in bed: **The Surprising Power of a Good Dumpling epub reader** But when Mum finally gets out of bed things go from bad to worse. **The Surprising Power of a Good Dumpling ebook** And as Mum's condition worsens Anna and her family question everything they understand about themselves and each other, **Book The Surprising Power of a Good dumpling recipe** The Surprising Power of a Good Dumpling Wai Chim grew up in New York City and now calls Sydney Australia home, **Significance of dumplings in chinese culture** She is the author of several children and young adult titles: **Significance of dumplings in chinese culture** Everyone thinks therapy is for when things get too bad but really we all could use someone to talk to: **The Surprising Power of a Good Dumpling booker** I found a book that touched my heart made me smile and yet taught me valuable lessons I'd carry for a long time: **The Surprising Power of a Good Dumpling kindle books** With its attention-catching name and pretty cover I was expecting something fluffy and light, **The Surprising Power of a Good Dumpling childrens hospital** As I jumped into this blindly I was caught off-guard by the fact that this will deal with issues a little heavy and admittedly not for everyone, **The Surprising Power of a Good Dumpling book** First this book touched on Asian representation with a Chinese family immigrating to Australia, **Book The Surprising Power of a Good dumpling recipe** I haven't read

a lot of books set in Australia so this was a plus point for my own experience: **Kindle The Surprising Power of a Good dumpling house** I also appreciate the way this book showed Chinese culture — food family dynamics social class racism within the Chinese themselves. **Book The Surprising Power of a Good dumpling recipe** I know I know this book had a lot of serious themes discussed, **Chinese dumplings an ultimate how-to guide** But you already know how much I love lines that make me kilig and blush. **EPub The Surprising Power of a Good dumpling** I loved the meet-cute of our lead Anna and Rory the way they started a friendship how their relationship developed and the type of relationship they ended up having. **Kindle The Surprising Power of a Good dumplings near** Finally this book shone on mental health — particularly with how Asian people deal with mental illness signs diagnosis treatment and progress. **Kindle The Surprising Power of a Good dumpling soup** I don't much about other Asian people's experiences but as a Filipino I do see the same cluelessness prejudice and plain miseducation my fellowmen have with mental health, **The Surprising Power of a Good Dumpling kindle paperwhite** The book didn't give a perfect shiny or clean-cut happy ever after, **Book The Surprising Power of a Good dumpling recipe** Instead it ended on an honest yet hopeful note — and I think it was the perfect way to tell and end this story: **The Surprising Power of a Good Dumpling epubs air** Definitely something I would recommend for people looking for an Asian read that is honest real and raw. **The Surprising Power of a Good Dumpling childrensalon** Full review HEREA delicate exploration of the life of a Chinese family living in Australia, **The Surprising Power of a Good Dumpling kindle reader** This book revolves around Anna her two younger siblings and her parents who are both struggling in their own way, **Kindle The Surprising Power of a Good dumplings near** Her father seems to never be home because he constantly has to work whereas Anna's mother is battling her inner demons. **Kindle The Surprising Power of a Good dumpling house** I also really liked Anna's growth in the novel she comes to realize that it's okay to ask for help it's okay to be vulnerable and to trust people: **Kindle The Surprising Power of a Good dumpling house** I'm also very glad she had Rory by her side during this whole journey he was such a caring and helpful presence in the story, **The Surprising Power of a Good Dumpling childrens** I really can't wait to read more by Wai Chim! Paperback Want to see more. **The Surprising Power of a Good Dumpling kindle paperwhite** Bookstagram WebsiteWoW! I loved this book! It is one of the few contemporary books that is realistic!! Not everything in life is perfect and this book exposed that: **The Surprising Power of a Good Dumpling childrens** The characters were beautiful and the culture of the book was delightful, **The Surprising Power of a Good Dumpling epubs air** Highly recommend this book Paperback This was a dark dark dark book but so realistic and raw. Anna is navigating all of this as a Chinese-Australian. A book with incredible heart and depth. I thoroughly recommend it. Something that highlighted the weaknesses in one's family. Something that was blamed on others. What a gem of a book. The way the tension built up slowly was quite masterful. Relatability: All the stars. I would know since I am one. You can find her online at [waichim.com](http://waichim.com) or on twitter @onewpc.



“That’s the thing.” □ Series? No. □ Genre? YA Contemporary. □ Read for? StanAsianAuthors □ Cliffhanger? No. □ Content Warnings: Bullying. Mental Health. Suicide. Depression. Racism. □ Book Tags : Asian Representation > Chinese. Set in a restaurant. Another part I really adored was the romance. It had such good Chinese representation too. Paperback.