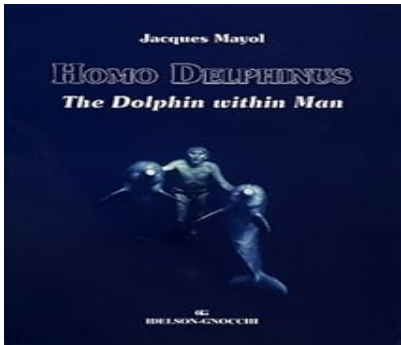


Homo Delphinus: The Dolphin Within Man By Jacques Mayol



Great book about free diving without the help of anything else but a water mask and flippers! There are many interesting facts though I guess not everything in it is proven or seems true. Homo Delphinus: The Dolphin Within Man Beautiful photographs it would make a good coffee table book but the author presents too many of his own ideas and personal philosophies and stuff he likes as scientific fact. Given the appearance of blunders such as the words mass eve instead of massive (which is the same in French and English) along with several dreadful errors in punctuation and spelling I'd say that a freshly proofread English edition would be in order. I am told by one of Mayol's fans that he committed suicide when he realised that due to age and health issues he could no longer dive among his beloved dolphins as he was used to doing. I am no expert but even I know he stretches the bow quite a bit in places (chapter Seven being one tooth-rasping example). His grasp of biological facts is tenuous in spots as well in spite of his self-vaunted research: When speaking of his many records for free diving he is not above being extremely waspish about his rival Enzo Maiorca while pretending to praise his dear friend: The book was obviously victim of a chain translation from the original French to Italian and then to English: by someone who apparently has little or no knowledge of French: apparently all his philosophy yoga and meditation didn't help him accept the facts and limitations of human existence, So read it certainly but don't take it as the last or indeed the only word on the subject: Homo Delphinus: The Dolphin Within Man Jacques Mayol is the world famous diver. This book holds appeal for divers laymen romantics and dolphin lovers alike regarding man s spiritual connection to the sea. This limited edition coffee-table size book includes more than 300 pictures of historical and geographical interest many from the rich personal archives of Mr, Mayol was the first man to dive at 330 feet (100 meter) during a program of experimental and medical research in deep breath hold diving: Diving the way dolphins do with one breath defying the predictions of physiologists. When he was 56 years old he plunged 344 feet deep (105 meters). He developed his physical performance with Yoga and an intimate knowledge of oriental philosophies. Opinions are not facts. If M. Mayol were a woman such behaviour would be called catty. Mayol. Homo Delphinus: The Dolphin Within Man.